

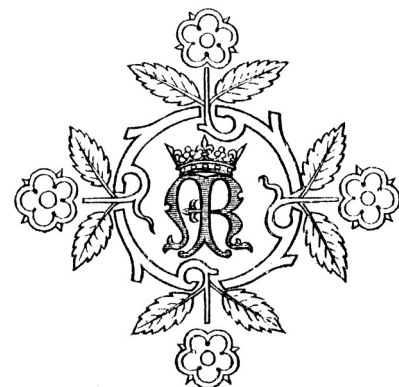
Confirmation Booklet on the

# Works of Charity

St. Anthony/St. Mary



*Holy Spirit With In Me  
Guide Me*



*Pray for us, O Most Holy Mother of God!*

*Created by: Ann Geise*

## The Works of Mercy



### CORPORAL WORKS

- + FEED THE HUNGRY
- + GIVE DRINK TO THE THIRSTY
- + CLOTHE THE NAKED
- + VISIT THE IMPRISONED
- + SHELTER THE HOMELESS
- + VISIT THE SICK
- + BURY THE DEAD

### SPIRITUAL WORKS

- + INSTRUCT THE IGNORANT
- + COUNSEL THE DOUBTFUL
- + ADMONISH SINNERS
- + COMFORT THE SORROWFUL
- + BEAR WRONGS PATIENTLY
- + FORGIVE ALL INJURIES
- + PRAY FOR THE LIVING AND THE DEAD

Dear Candidate,

As you already know, service to others is a component of Confirmation preparation because it is a component of the life of a Christian in general.

This booklet is your service record for recording fourteen varied activities. Try to get as many activities as possible finished early so as to ease things up for you during the busier time of the year.

Your booklet must be completed before Confirmation; however, your progress will be checked occasionally.

Remember that serving others freely and cheerfully is the most powerful way to prove that Jesus is in our midst. What we do for others, we do for Him.

May the Holy Spirit be your constant guide and inspiration.

Please note: any items you see with an \* will not be completed during this time of Covid.

Many Blessings to You,

Mrs. Linda Salmons

Pastoral Associate

St. Anthony/St. Mary

"Helping a person in need is good in itself. But the degree of goodness is hugely affected by the attitude with which it is done. If you show resentment because you are helping the person out of a reluctant sense of duty, then the person may receive your help but may feel awkward and embarrassed. This is because he will feel beholden to you. If, on the other hand, you help the person in a spirit of joy, then the help will be received joyfully. The person will feel neither demeaned nor humiliated by your help, but rather will feel glad to have caused you pleasure by receiving your help. And joy is the appropriate attitude with which to help others because acts of generosity are a source of blessing to the giver as well as the receiver."

— St. John Chrysostom

Personal Notes

Thoughts

Reflections

## Additional Spiritual Works

### On Your Own

(These are optional)

1. Description:

Date:

Which work of mercy does this best fit?

2. Description:

Date:

Which work of mercy does this best fit?

3. Description:

Date:

Which work of mercy does this best fit?

4. Description:

Date:

Which work of mercy does this best fit?

(Matthew 25:31-46)

When the Son of Man comes in his glory, and all the angels with him, he will sit upon his glorious throne, and all the nations will be assembled before him. And he will separate them one from another, as a shepherd separates the sheep from the goats. He will place the sheep on his right and the goats on his left.

Then the king will say to those on his right, 'Come, you who are blessed by my Father. Inherit the kingdom prepared for you from the foundation of the world. For I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me, naked and you clothed me, ill and you cared for me, in prison and you visited me.'

Then the righteous will answer him and say, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? When did we see you a stranger and welcome you, or naked and clothe you? When did we see you ill or in prison, and visit you?' And the king will say to them in reply, 'Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me.'

Then he will say to those on his left, 'Depart from me, you accursed, into the eternal fire prepared for the devil and his angels. For I was hungry and you gave me no food, I was thirsty and you gave me no drink, a stranger and you gave me no welcome, naked and you gave me no clothing, ill and in prison, and you did not care for me.'

Then they will answer and say, 'Lord, when did we see you hungry or thirsty or a stranger or naked or ill or in prison, and not minister to your needs?' He will answer them, 'Amen, I say to you, what you did not do for one of these least ones, you did not do for me.'

And these will go off to eternal punishment, but the righteous to eternal life.

**Spiritual Work of Mercy:**

**Pray for the living and the dead**

Possible Activities:

1. Lessen daily time on video games and social media; use equivalent time to pray (remember especially soldiers, the sick/dying, pope, bishops, priests, and babies in danger of abortion)
2. Attend religious and civic events that remember the deceased; assist if possible
3. Memorize the “Eternal Rest” prayer and commit to saying it daily for souls in purgatory

DATE STARTED: \_\_\_\_\_ DATE COMPLETED: \_\_\_\_\_

DESCRIPTION OF PROJECT:

\_\_\_\_\_

THIS ACTIVITY SERVED (*circle one or more*): Family School Parish City  
Country World

REFLECTION:

1. What talent/skill of yours did you share in this work of mercy?
  
  
  
  
  
  
  
  
  
  
2. How was this work of mercy helpful to the person(s) you served?
  
  
  
  
  
  
  
  
  
  
3. What quality of Jesus did you share in this activity? Please explain.

Supervisor or Parent Signature:

\_\_\_\_\_

**Corporal Works of Mercy**

- To feed the hungry.
- To give water to the thirsty.
- To clothe the naked.
- To shelter the homeless.
- To visit the sick.
- To visit the imprisoned, or ransom the captive.
- To bury the dead.

**Spiritual Works of Mercy**

- To instruct the ignorant.
- To counsel the doubtful.
- To admonish the sinner.
- To bear wrongs patiently.
- To forgive offenses willingly.
- To comfort the afflicted.
- To pray for the living and the dead

**Spiritual Work of Mercy:**

**Comfort the afflicted**

Possible Activities:

- 1.Support and pray for/with classmates whose parents are separating
- 2.Give encouraging words to those who have lost athletic events, scholarships, opportunities
- 3.Do something special for someone who is down that you think will make them happy

DATE STARTED: \_\_\_\_\_ DATE COMPLETED: \_\_\_\_\_

DESCRIPTION OF PROJECT:

\_\_\_\_\_

THIS ACTIVITY SERVED (*circle one or more*): Family School Parish City  
Country World

REFLECTION:

1. What talent/skill of yours did you share in this work of mercy?
  
  
  
  
  
  
  
  
  
  
2. How was this work of mercy helpful to the person(s) you served?
  
  
  
  
  
  
  
  
  
  
3. What quality of Jesus did you share in this activity? Please explain.

Supervisor or Parent Signature:

\_\_\_\_\_

# The Corporal Works of Mercy



**Corporal Work of Mercy:**

**Feed the hungry**

Possible Activities:

- 1.Help at a food bank or food pantry (stock shelves, clean, organize, package)
- 2.Avoid favorite foods for a period of time, and give saved money to the needy
- 3.Organize a bake sale or Penny War for an organization fighting hunger \*

DATE STARTED: \_\_\_\_\_ DATE COMPLETED: \_\_\_\_\_

DESCRIPTION OF PROJECT:

\_\_\_\_\_

THIS ACTIVITY SERVED (*circle one or more*): Family School Parish City Country World

REFLECTION:

1. What talent/skill of yours did you share in this work of mercy?

2. How was this work of mercy helpful to the person(s) you served?

3. What quality of Jesus did you share in this activity? Please explain.

Supervisor or Parent Signature:

\_\_\_\_\_

**Spiritual Work of Mercy:**

**Forgive offenses willingly**

Possible Activities:

- 1.When someone has hurt you, don't hold a grudge or seek revenge
- 2.Resist gossiping about those who have hurt you
- 3.Be kind to your "enemies." Consider them friends you haven't yet gotten to know well.

DATE STARTED: \_\_\_\_\_ DATE COMPLETED: \_\_\_\_\_

DESCRIPTION OF PROJECT:

\_\_\_\_\_

THIS ACTIVITY SERVED (*circle one or more*): Family School Parish City Country World

REFLECTION:

1. What talent/skill of yours did you share in this work of mercy?

2. How was this work of mercy helpful to the person(s) you served?

3. What quality of Jesus did you share in this activity? Please explain.

Supervisor or Parent Signature:

**Spiritual Work of Mercy:**

**Bear wrongs patiently**

Possible Activities:

1. When you've made a mistake, don't make excuses; accept correction graciously
2. If someone is mean to you or mistreats you, don't be mean back
3. Be kind to someone who has made a mistake.

DATE STARTED: \_\_\_\_\_ DATE COMPLETED: \_\_\_\_\_

DESCRIPTION OF PROJECT:

\_\_\_\_\_

THIS ACTIVITY SERVED (*circle one or more*): Family School Parish City  
Country World

REFLECTION:

1. What talent/skill of yours did you share in this work of mercy?
  
  
  
  
  
  
  
  
  
  
2. How was this work of mercy helpful to the person(s) you served?
  
  
  
  
  
  
  
  
  
  
3. What quality of Jesus did you share in this activity? Please explain.

Supervisor or Parent Signature: \_\_\_\_\_

**Corporal Work of Mercy:**

**Give water to the thirsty**

Possible Activities:

1. Cut your shower time in half
2. Avoid bottled water; use reusable bottles
3. Give up soda, and give equivalent money toward wells or purifiers in developing areas

DATE STARTED: \_\_\_\_\_ DATE COMPLETED: \_\_\_\_\_

DESCRIPTION OF PROJECT:

\_\_\_\_\_

THIS ACTIVITY SERVED (*circle one or more*): Family School Parish City  
Country World

REFLECTION:

1. What talent/skill of yours did you share in this work of mercy?
  
  
  
  
  
  
  
  
  
  
2. How was this work of mercy helpful to the person(s) you served?
  
  
  
  
  
  
  
  
  
  
3. What quality of Jesus did you share in this activity? Please explain.

Supervisor or Parent Signature: \_\_\_\_\_

**Corporal Work of Mercy:**

**Clothe the naked**

Possible Activities:

1. Support our parish's Advent Giving Tree
2. Clear closets of good outgrown clothes and donate them
3. Consider holding a "baby shower" for Heartbeat and donate collected items to them  
(observing social distancing and masks)

DATE STARTED: \_\_\_\_\_ DATE COMPLETED: \_\_\_\_\_

DESCRIPTION OF PROJECT:  
\_\_\_\_\_

THIS ACTIVITY SERVED (*circle one or more*): Family School Parish City  
Country World

REFLECTION:

1. What talent/skill of yours did you share in this work of mercy?
  
  
  
  
  
  
  
  
  
  
2. How was this work of mercy helpful to the person(s) you served?
  
  
  
  
  
  
  
  
  
  
3. What quality of Jesus did you share in this activity? Please explain.

Supervisor or Parent Signature: \_\_\_\_\_

**Spiritual Work of Mercy:**

**Admonish the sinner**

Possible Activities:

1. Refuse to join in sinful actions; report wrongdoing to persons in authority
2. Celebrate the Sacrament of Reconciliation—and invite your family to join you
3. Never use social media to hurt people—if you know someone who has, help them understand why it is wrong

DATE STARTED: \_\_\_\_\_ DATE COMPLETED: \_\_\_\_\_

DESCRIPTION OF PROJECT:  
\_\_\_\_\_

THIS ACTIVITY SERVED (*circle one or more*): Family School Parish City  
Country World

REFLECTION:

1. What talent/skill of yours did you share in this work of mercy?
  
  
  
  
  
  
  
  
  
  
2. How was this work of mercy helpful to the person(s) you served?
  
  
  
  
  
  
  
  
  
  
3. What quality of Jesus did you share in this activity? Please explain.

Supervisor or Parent Signature: \_\_\_\_\_



**Spiritual Work of Mercy:**

**Counsel the doubtful**

Possible Activities:

1. Discuss the weekly homily with your family
2. Encourage a friend who is struggling with believing to join a parish group for service or faith formation
3. Help bullies to find a better way-pray for and encourage them to change their words/actions; pray for and be a friend to someone being bullied

DATE STARTED: \_\_\_\_\_ DATE COMPLETED: \_\_\_\_\_

DESCRIPTION OF PROJECT:

\_\_\_\_\_

THIS ACTIVITY SERVED (*circle one or more*): Family School Parish City  
Country World

REFLECTION:

1. What talent/skill of yours did you share in this work of mercy?
  
  
  
  
  
  
  
  
  
  
2. How was this work of mercy helpful to the person(s) you served?
  
  
  
  
  
  
  
  
  
  
3. What quality of Jesus did you share in this activity? Please explain.

Supervisor or Parent Signature: \_\_\_\_\_

**Corporal Work of Mercy:**

**Shelter the homeless**

Possible Activities:

1. Tour a shelter and stay to clean or do yard work
2. Buy a gift for a foster child and (help with the Foster Family Christmas Party in December \*)
3. Make and send care packages with special treats to a local family shelter

DATE STARTED: \_\_\_\_\_ DATE COMPLETED: \_\_\_\_\_

DESCRIPTION OF PROJECT:

\_\_\_\_\_

THIS ACTIVITY SERVED (*circle one or more*): Family School Parish City  
Country World

REFLECTION:

1. What talent/skill of yours did you share in this work of mercy?
  
  
  
  
  
  
  
  
  
  
2. How was this work of mercy helpful to the person(s) you served?
  
  
  
  
  
  
  
  
  
  
3. What quality of Jesus did you share in this activity? Please explain.

Supervisor or Parent Signature: \_\_\_\_\_

**Corporal Work of Mercy:**

**Visit the sick**

Possible Activities:

1. Help classmates catch up after absences from school (socially distanced or on line)
2. Bring someone who is sick a home-cooked meal
3. Take a Christmas and Easter flower to a homebound parishioner ( visit with them \*)

DATE STARTED: \_\_\_\_\_ DATE COMPLETED: \_\_\_\_\_

DESCRIPTION OF PROJECT:  
\_\_\_\_\_

THIS ACTIVITY SERVED (*circle one or more*): Family School Parish City  
Country World

REFLECTION:

1. What talent/skill of yours did you share in this work of mercy?
  
  
  
  
  
  
  
  
  
  
2. How was this work of mercy helpful to the person(s) you served?
  
  
  
  
  
  
  
  
  
  
3. What quality of Jesus did you share in this activity? Please explain.

**Spiritual Work of Mercy:**

**Instruct the ignorant**

Possible Activities:

1. Teach children their prayers; assist at Children's Liturgy of the Word (when it returns)
2. Assist teachers/PSR Staff, thank them; cooperate with school / PSR
3. Help siblings and classmates with school work

DATE STARTED: \_\_\_\_\_ DATE COMPLETED: \_\_\_\_\_

DESCRIPTION OF PROJECT:  
\_\_\_\_\_

THIS ACTIVITY SERVED (*circle one or more*): Family School Parish City  
Country World

REFLECTION:

1. What talent/skill of yours did you share in this work of mercy?
  
  
  
  
  
  
  
  
  
  
2. How was this work of mercy helpful to the person(s) you served?
  
  
  
  
  
  
  
  
  
  
3. What quality of Jesus did you share in this activity? Please explain.

Supervisor or Parent Signature:

# The Spiritual Works of Mercy



## Corporal Work of Mercy:

### Visit the imprisoned/ransom the captive

Possible Activities:

1. Write letters full of encouragement and hope and send to inmates at a local prison
2. Donate Bibles or spiritual reading materials to a juvenile detention facility
3. Visit someone who is homebound, hospitalized or in a nursing home

DATE STARTED: \_\_\_\_\_ DATE COMPLETED: \_\_\_\_\_

DESCRIPTION OF PROJECT:  
\_\_\_\_\_

THIS ACTIVITY SERVED *(circle one or more)*: Family School Parish City  
Country World

REFLECTION:

1. What talent/skill of yours did you share in this work of mercy?
  
  
  
  
  
  
  
  
  
  
  
  
2. How was this work of mercy helpful to the person(s) you served?
  
  
  
  
  
  
  
  
  
  
  
  
3. What quality of Jesus did you share in this activity? Please explain.

**Corporal Work of Mercy:**

**Bury the dead**

Possible Activities:

1. Help take care of a cemetery; plant flags on graves for Memorial Day
2. Make desserts and side dishes for funeral luncheons
3. Research and learn what to say and what not to say to persons who are grieving

DATE STARTED: \_\_\_\_\_ DATE COMPLETED: \_\_\_\_\_

DESCRIPTION OF PROJECT:

---

THIS ACTIVITY SERVED (*circle one or more*): Family School Parish City  
Country World

REFLECTION:

1. What talent/skill of yours did you share in this work of mercy?
  
  
  
  
  
  
  
  
2. How was this work of mercy helpful to the person(s) you served?
  
  
  
  
  
  
  
  
3. What quality of Jesus did you share in this activity? Please explain.

Supervisor or Parent Signature: \_\_\_\_\_

**Additional Corporal Works**

**On Your Own**

(These are optional)

1. Description:  
Date:  
Which work of mercy does this best fit?

2. Description:  
Date:  
Which work of mercy does this best fit?

3. Description:  
Date:  
Which work of mercy does this best fit?

4. Description:  
Date:  
Which work of mercy does this best fit?